

Skill Assessment for 3.0 Players

Name: _____ Self-Rating: _____ Date: _____
 Email: _____ Cell Phone: _____ #Games Observed: _____

Weather Conditions: _____

To be filled out by the Rating Team:

3.0 Skill Level – should ALSO possess most/all 2.5 Skills

	0	1	2	3
Demonstrates control forehand groundstrokes (placement, direction, depth)				
Demonstrates control backhand groundstrokes (placement, direction, depth)				
Placing serve s deep into the court				
Demonstrates placement of serves				
Uses deeper and higher returns of serve to allow time to approach the net				
Approaches the non-volley line quickly rather than staying back				
Sustains a short volley session at the net				
Exhibits correct court positioning for doubles and how to “move as a team”				
Uses the forehand lob with some success				
Serve team attempts to approach the net with a slow paced ball (3rd shot)				
Sustains a dink exchange at the net				
Adjusts to differing ball speeds (serves, volleys, groundstrokes)				
Returns the ball lower over the net				
Has good mobility *				
Has good quickness *				
Has good hand-eye coordination*				

Svr. Requirement – 7 out of 10 (70%)		
	YES	NO
Service Good		
Service foot faults		

Volley Requirement – 7 out of 10 (70%)		
	YES	NO
Backhand		
Forehand		
Non-Volley Zone foot faults		

Svr. Return Requirement – 7 out 10 (70%)		
	YES	NO
Good Forehand		
Good Backhand		

* - If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Sign: _____ Actual Skill Level: _____ Player's Sign: _____

Ledger: 0 = not observed or not able to execute, 1 = attempted but poorly executed/needs work, 2 = good basic form/needs work, 3 = solid, consistent performance